



Immediate Denture Post-Operative Instructions

- For the first 24 hours, your immediate denture is not to be removed from your mouth. If the denture is removed, swelling may occur that will make it difficult or impossible to replace the denture.
- After 24 hours, or per a predetermined appointment, you will see your dentist for a checkup. At this time, you will be given a new set of instructions for how to care for your denture.
- After extractions do not rinse, spit, smoke, or suck on a straw. Avoid rinsing vigorously, hot beverages, and carbonated beverages. Refer to the extraction post-operative instructions for additional information.
- Your immediate denture is not only replacing your missing teeth, but it is acting to protect the surgical site, control swelling, and control bleeding. The denture needs to be in place to be effective.
- The fit of your immediate denture will change as your mouth heals from the extraction of your teeth. As healing occurs, the dental ridges change shape and generally shrink in size. An immediate denture is often only a temporary denture which will require replacement or relining after your mouth has completely healed.
- Patients will experience discomfort and possibly difficulty eating and speaking. For some, discomfort may last only a few days while others may experience a longer period of time adjusting to their immediate denture.
- The immediate denture will need to be adjusted and/or relined to compensate for the changes that will take place in your mouth as your gums heal. You will be instructed by your dentist to return for periodic appointments to monitor your mouth for changes that will require denture adjustments.
- After the dental extraction socket tissue has healed, which can take two to six weeks, you can use a denture adhesive paste or powder to help stabilize your denture.
- The bone can take at least 6 months to heal and fill in with new jaw bone. At this time, your dentist will speak to you about replacing your immediate denture with a permanent denture or making a permanent reline.
- Please call our office at 952-938-8533 if you need assistance.